

JUNE AM FITNESS SCHEDULE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NEW This MONTH		1 Kickboxing w/Rainy 6-7 *X-Bike w/Cathy 9-10 Beg Yoga w/Mark 10:30	2 X-Bike w/Rob 6-7 T.I. w/Terry 8:00-8:30 International Dance w/Ayla 9 Reggae Jazz w/Pamela 10 *All Level Yoga w/Audra 10:30	3 Kickboxing w/Rainy 6-7 X-Bike w/Cathy 9-10 *Beg Yoga w/Mark 10:30	4 International Dance w/Ayla 9-10 X-Bike w/Cathy 9-10 Zumba Gold w/Eva 10-11 *All Level Yoga w/Audra 10:30	5 Tight End Zone w/Brittany 9 Zumba w/Xavier 10 *Beg/Int Yoga w/Mark 10 *Afro-Modern Dance w/Amatullah 11-12 Pilates w/Susan 11-12 Cheer America 1:30-4:30
6	7 X-Bike w/Rob 6-7 T.I. w/Terry 8:00-8:30 *All Level Yoga w/Audra 10:30	8 Kickboxing w/Rainy 6-7 *X-Bike w/Cathy 9-10 Beg Yoga w/Mark 10:30	9 X-Bike w/Rob 6-7 T.I. w/Terry 8:00-8:30 International Dance w/Ayla 9 Reggae Jazz w/Pamela 10 *All Level Yoga w/Audra 10:30	10 Kickboxing w/Rainy 6-7 X-Bike w/Cathy 9-10 *Beg Yoga w/Mark 10:30	11 International Dance w/Ayla 9-10 X-Bike w/Cathy 9-10 Zumba Gold w/Eva 10-11 *All Level Yoga w/Audra 10:30	12 Tight End Zone w/Brittany 9 Zumba w/Xavier 10 *Beg/Int Yoga w/Mark 10 *Afro-Modern Dance w/Amatullah 11-12 Pilates w/Susan 11-12 Cheer America 1:30-4:30
13	14 X-Bike w/Rob 6-7 T.I. w/Terry 8:00-8:30 *All Level Yoga w/Audra 10:30	15 Kickboxing w/Rainy 6-7 *X-Bike w/Cathy 9-10 Beg Yoga w/Mark 10:30	16 X-Bike w/Rob 6-7 T.I. w/Terry 8:00-8:30 International Dance w/Ayla 9 Reggae Jazz w/Pamela 10 *All Level Yoga w/Audra 10:30	17 Kickboxing w/Rainy 6-7 X-Bike w/Cathy 9-10 *Beg Yoga w/Mark 10:30	18 International Dance w/Ayla 9-10 X-Bike w/Cathy 9-10 Zumba Gold w/Eva 10-11 *All Level Yoga w/Audra 10:30	19 Tight End Zone w/Brittany 9 NO Zumba *Beg/Int Yoga w/Mark 10 *Afro-Modern Dance w/Amatullah 11-12 Pilates w/Susan 11-12 Cheer America 1:30-4:30
20	21 X-Bike w/Rob 6-7 T.I. w/Terry 8:00-8:30 *All Level Yoga w/Audra 10:30	22 Kickboxing w/Rainy 6-7 *X-Bike w/Cathy 9-10 Beg Yoga w/Mark 10:30	23 X-Bike w/Rob 6-7 T.I. w/Terry 8:00-8:30 International Dance w/Ayla 9 Reggae Jazz w/Pamela 10 *All Level Yoga w/Audra 10:30	24 Kickboxing w/Rainy 6-7 X-Bike w/Cathy 9-10 *Beg Yoga w/Mark 10:30	25 NO International Dance X-Bike w/Cathy 9-10 Zumba Gold w/Eva 10-11 *All Level Yoga w/Audra 10:30	26 Tight End Zone w/Brittany 9 Zumba w/Xavier 10 *Beg/Int Yoga w/Mark 10 NO Afro-Modern Dance Pilates w/Susan 11-12 Cheer America 1:30-4:30
27	28 X-Bike w/Rob 6-7 T.I. w/Terry 8:00-8:30 *All Level Yoga w/Audra 10:30	29 Kickboxing w/Rainy 6-7 *X-Bike w/Cathy 9-10 Beg Yoga w/Mark 10:30	30 X-Bike w/Rob 6-7 T.I. w/Terry 8:00-8:30 International Dance w/Ayla 9 Reggae Jazz w/Pamela 10 *All Level Yoga w/Audra 10:30			

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