

June
Aquatics Schedule

Busy Times: M-F 3:30-7pm
Be advised you may need to share lap lanes!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00	Pool Opens	Pool Opens	Pool Opens	Pool Opens	Pool Opens		
9:15-10:00	Deep Water Plunge - CP	Deep Water Plunge - CP	Deep Water Plunge - CP	Deep Water Plunge - CP	Deep Water Plunge - CP	Pool Opens at 7:00 am	
10:00-11:00	Silver Water Fitness-CP	Silver Water Fitness-CP	Silver Water Fitness-CP	Silver Water Fitness-CP	Silver Water Fitness-CP	Silver Water Fitness-CP	
11:00-11:45	Arthritis Foundation - WP		Arthritis Foundation - WP		Arthritis Foundation - WP		
1:00							Pool Opens at 1:00pm
4:30						Pool Closed	Pool Closed
5:00	Prep Team 5:00-6:00		Prep Team 5:00-6:00			Water Park Hours Mon-Thur 2-4,7-8 Fri - 3-8 Sat - 11-4:30 Sun - 1-4:30	
5:30							
6:00	Total Body Plus-CP	Deep Water Plunge - CP	Total Body Plus-CP	Deep Water Plunge - CP			
7:00							
8:30	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed		

	Starts June 14th					
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Babies		5:30-6pm		5:30-6pm		9:30-10am
Pre-School Swim Lessons	4-4:30pm 5-5:30pm	4-4:30pm 5-5:30pm	4-4:30pm 5-5:30pm	4-4:30pm 5-5:30pm		11-11:30am
Youth Swim Lessons	4:30-5pm 6-6:30pm	4:30-5pm 6-6:30pm	4:30-5pm 6-6:30pm	4:30-5pm 6-6:30pm		10:30-11am
Adult Swim Lessons		5:45-6:30pm		5:45-6:30pm		

03-3-20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-8:30am 10 lanes	6-8:30am 4 lanes	6-8:30am 10 lanes	6-8:30am 4 lanes	6-8:30am 10 lanes	7-9:30am 8 lanes		no swim team
3:30-5:30pm 4 lanes	3:30-5:30pm 4 lanes	3:30-5:30pm 4 lanes	3:30-5:30pm 4 lanes	3:30-5:30pm 4 lanes			

We have a total of 14 lanes between our Competition Pool (CP) and the Water Park (WP)
Between the two 25 yard pools there will always be 2 lanes available for members to circle swim

We ask that you review our pool policies for each of our pools prior to swimming as well as our event schedule. We host several local swim meets each year and try to ensure we minimize the impact to our members. When we have meets that shut the pool down we have arrangements made with the Glade Street YWCA for our members at no additional fee.

Thank you for your understanding and cooperation.